



Gastro Health & Nutrition

1259 FM 1463, SUITE 500
KATY, TX 77494
Ph (713) 429-4550/ Fax (832) 397-6426

EGD PROCEDURE INSTRUCTIONS



Date:



Location: Memorial Hermann Surgery Center KINGSLAND
21720 Kingsland Blvd. Suite 101, Katy Texas 77450. Ph: 281.492.1234.



A representative from Memorial Hermann Surgery Center Kingsland will contact you the day before of the procedure with **pre-registration, time of arrival and facility pricing** (If applicable). Please remember we require **72 HOURS** notice for cancellations or rescheduled appointments. A fee of \$45.00 will be charged for last minute cancellations.



Arrange for a friend or family member to drive you home after the procedure, as you will still be drowsy from sedation and it is unsafe to drive.



7 Days prior to procedure **STOP**: Iron supplements, Vitamins containing iron, Fish oil, Vitamin E.
5 DAYS: PLAVIX (Clopidogrel), Effient, Cilostazol 5 DAYS: Warfarin (Coumadin)
3 DAYS: Xarelto 2 DAYS: Eliquis
Aspirin 81 mg hold for 2 days before the procedure.

DIABETIC PATIENTS: Take only ½ of your Insulin dose the evening before. **No** diabetic pill or Insulin the day of your procedure.

THE MORNING OF THE PROCEDURE: Take your high Blood pressure, any heart, lung seizure, and psychiatric medication with a sip of water.

*****IF YOU ARE ONLY HAVING AN EGD DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT*****

*****IF YOU ARE HAVING EGD AND COLONOSCOPY PLEASE FOLLOW COLONOSCOPY PREP INSTRUCTIONS*****

